

# How to automate your life instead of your code

Pieter Lemmens - Dropsolid







#### Today's challenges:

- Survive today's 'modern' lifestyle
- Manage a constant stream of impulses

#### Goal:

- How to reach a Zen state of mind?
- Nothing on your mind
- Enjoy life

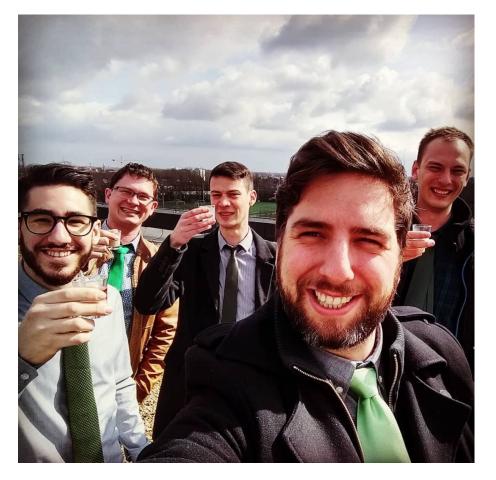
#### About me











Service Delivery Manager @ Dropsolid



Firefighter / Fire Prevention Officer / Teacher



Paramedic 112 / responsible for the planning of our emergency medical service



Actor in amateur theatre groups

We all have a lot going on... Therefore you need a system to manage all of this.

# Example

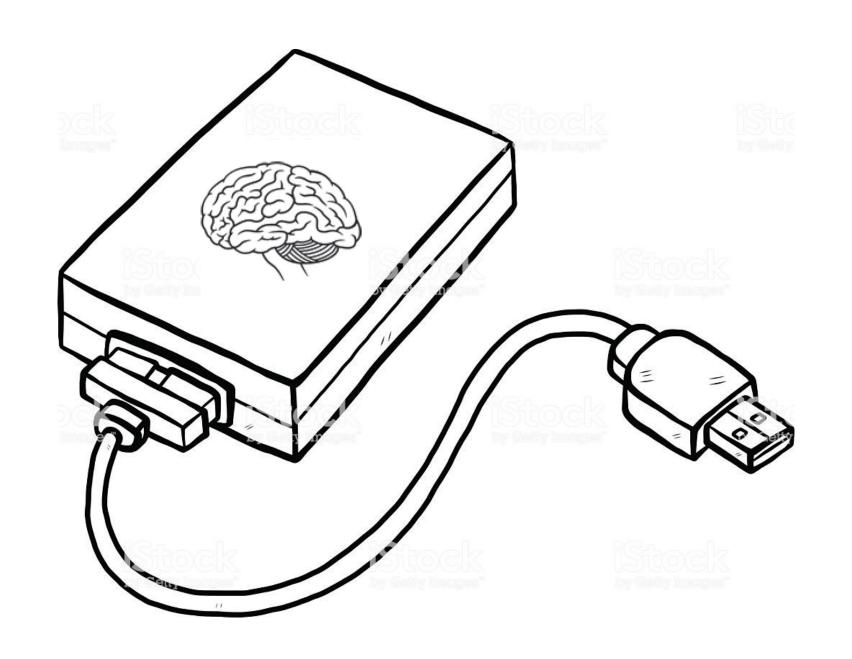








Big Idea



Collect Organize

Review

Engage

(Action list)



Collect

**ACTIONABLE?** 

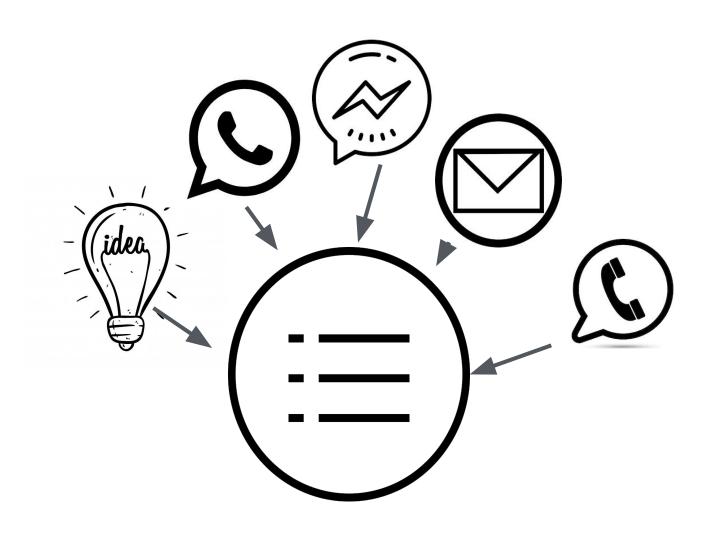
- NO = DELETE / ARCHIVE

- YES = TO ACTION LIST (< 2' = DO NOW)

Organize

(Action list)

Review





Collect

ACTIONABLE?

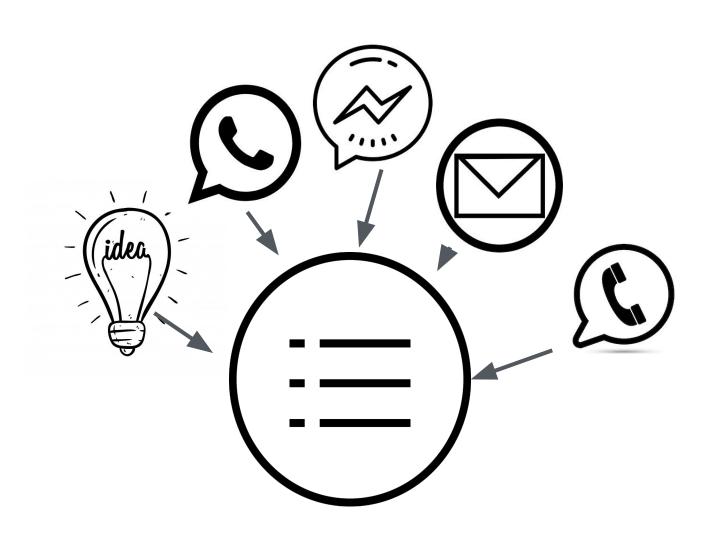
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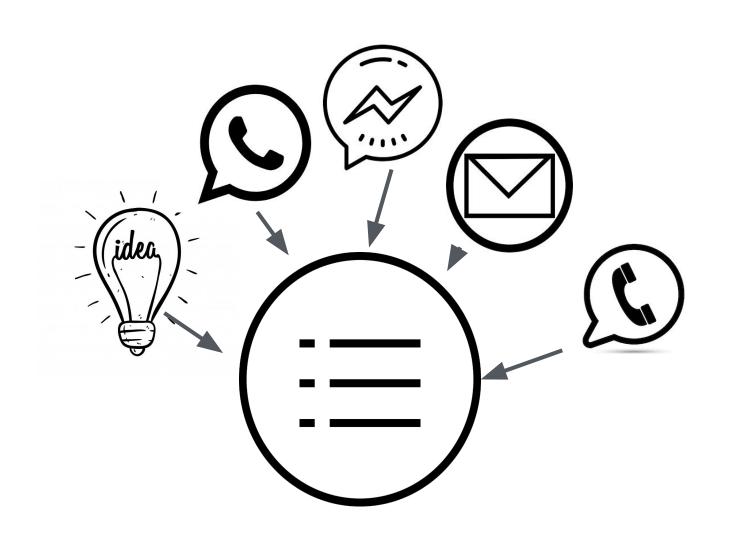
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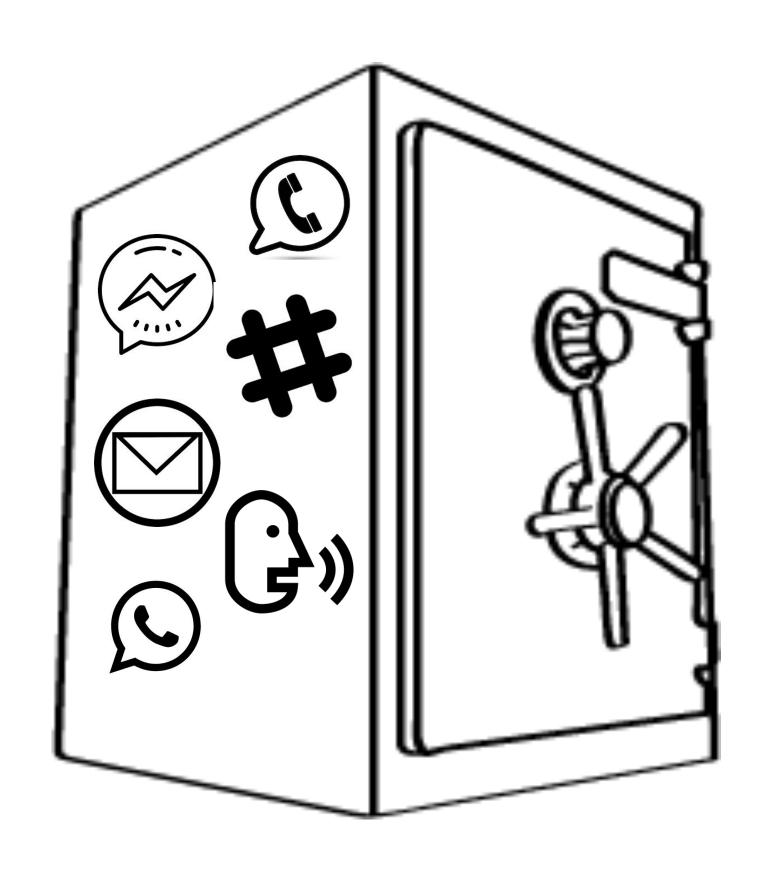
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Organize

(Action list)

Review

#### **ENGAGE** = **FOCUS**



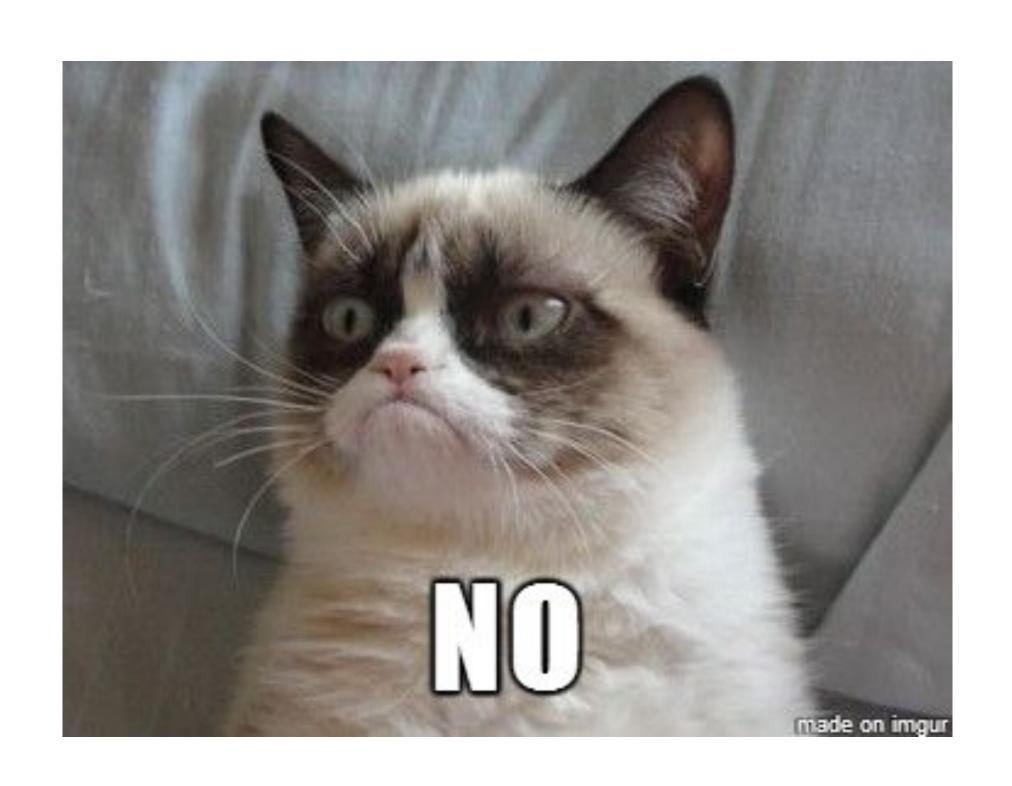
"It takes 23 minutes to get in to focus mode"

Pomodoro Technique = Focus block of 25 minutes of focus without interruptions.

## FOCUS



#### **ENGAGE** = **FOCUS**



Dare to say 'No' when focussing.

- Do I have to do this **immediately**?
- Do I have to drop everything?
- Is this **really urgent**? If so, is it really important?

## Tools

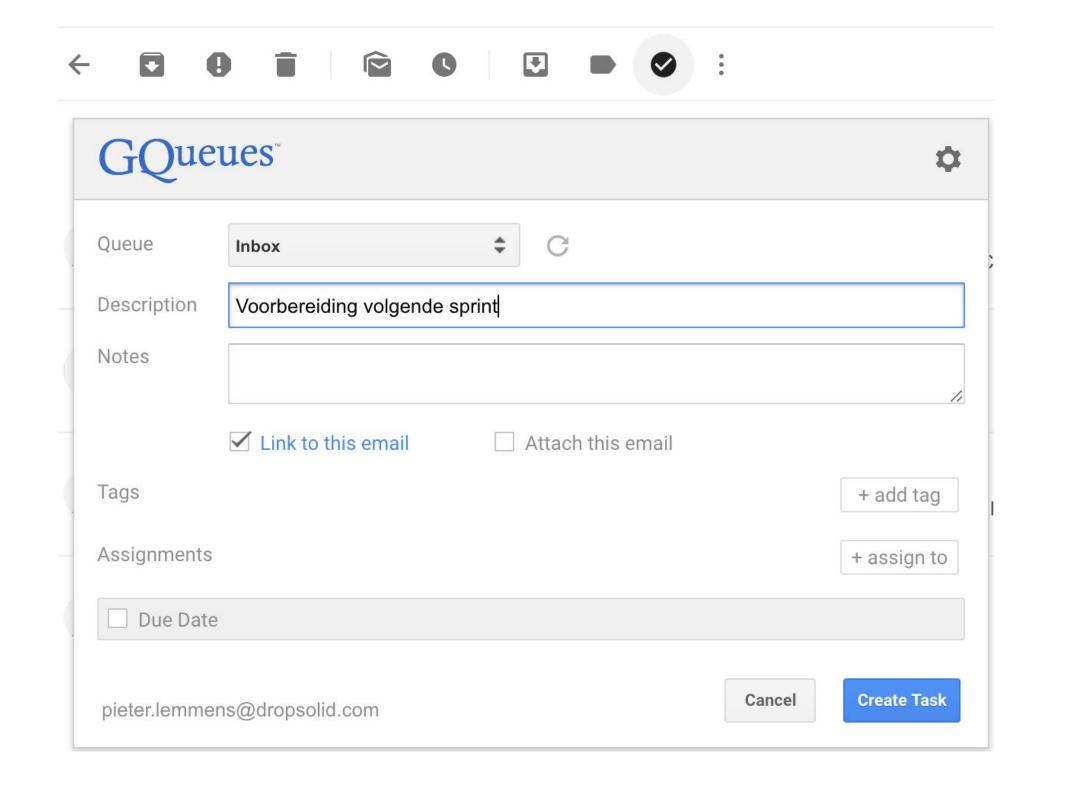


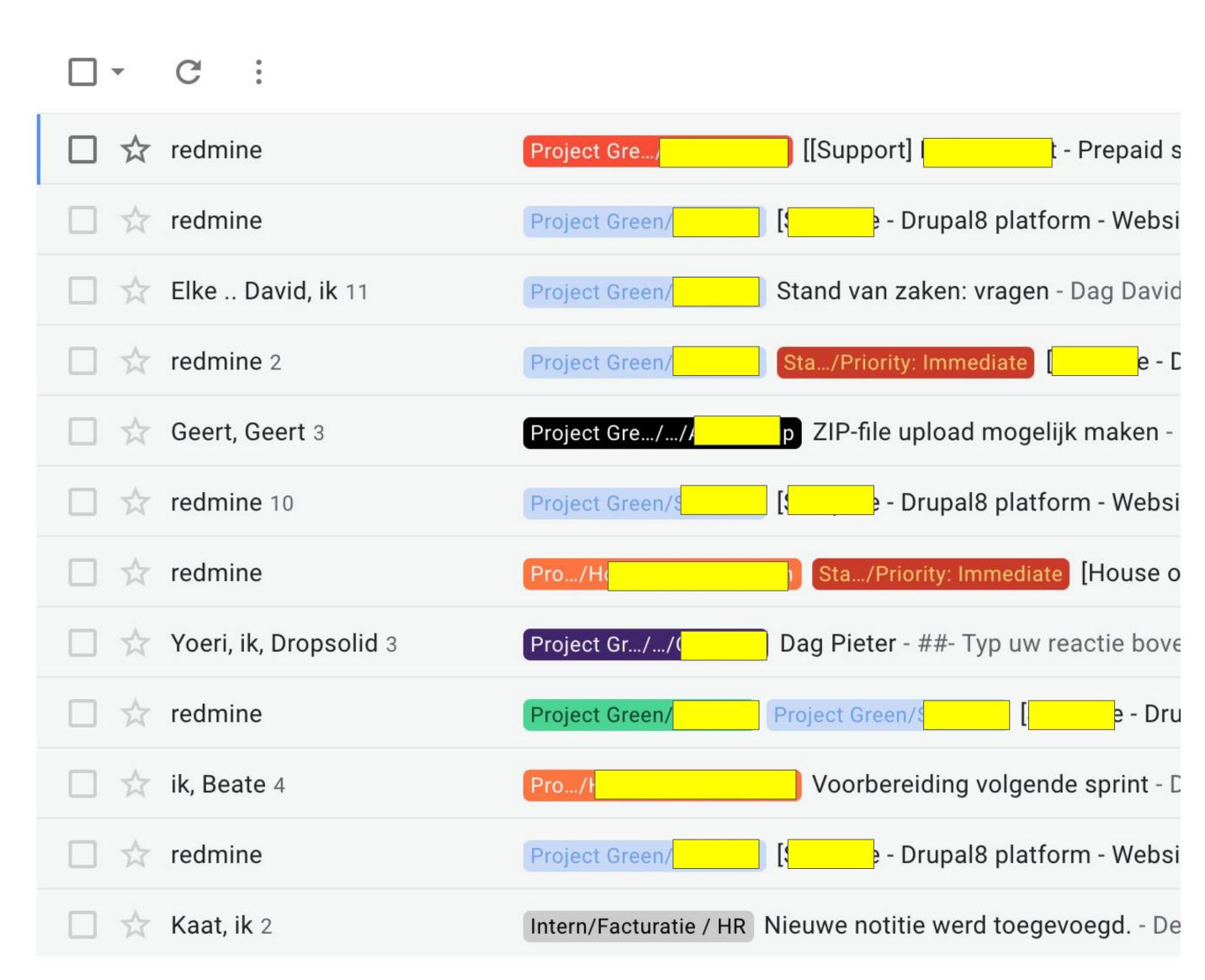




#### Tools: Gmail

- Empty inbox
  - All mails = collect, organize, review, engage
  - Rules for automated labeling
  - Plugin: Move mails to GQueues

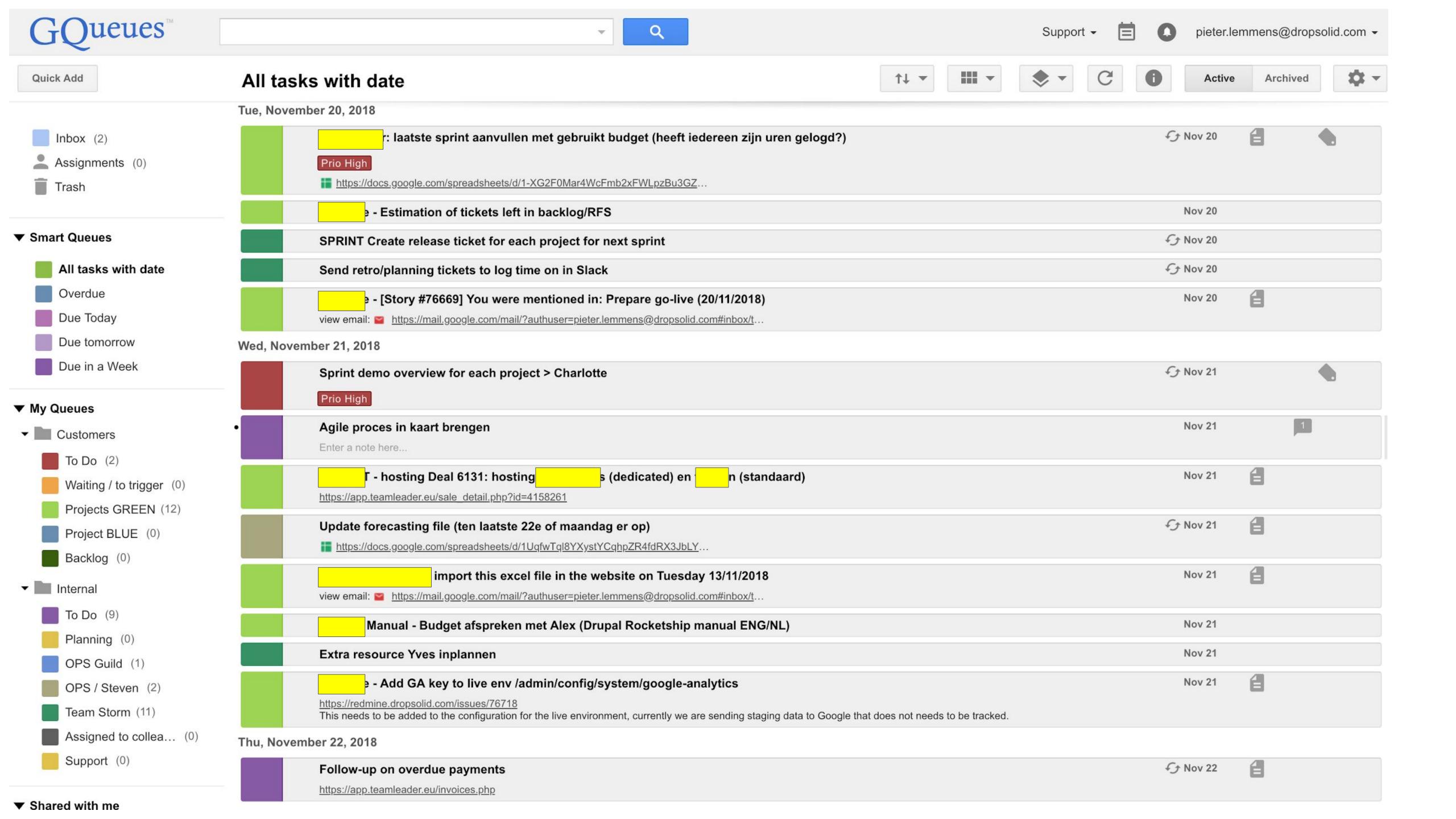




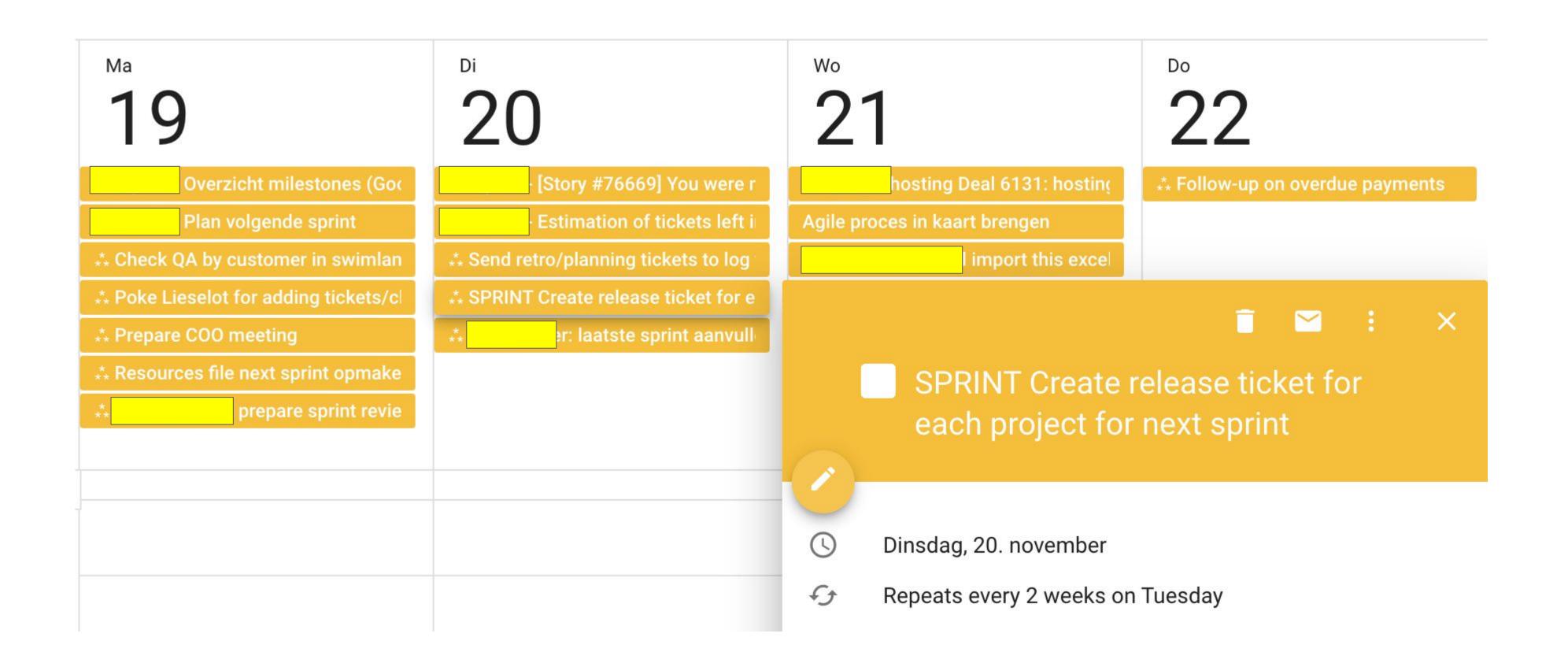
#### Tools: gQueues

- Projects (work):
  - o project name, internal, operations, team,...
- Time (work):
  - All tasks have a (recurring) date > Daily task list
- Context (work):
  - o call, read, think, write





### Tools: Google Calendar

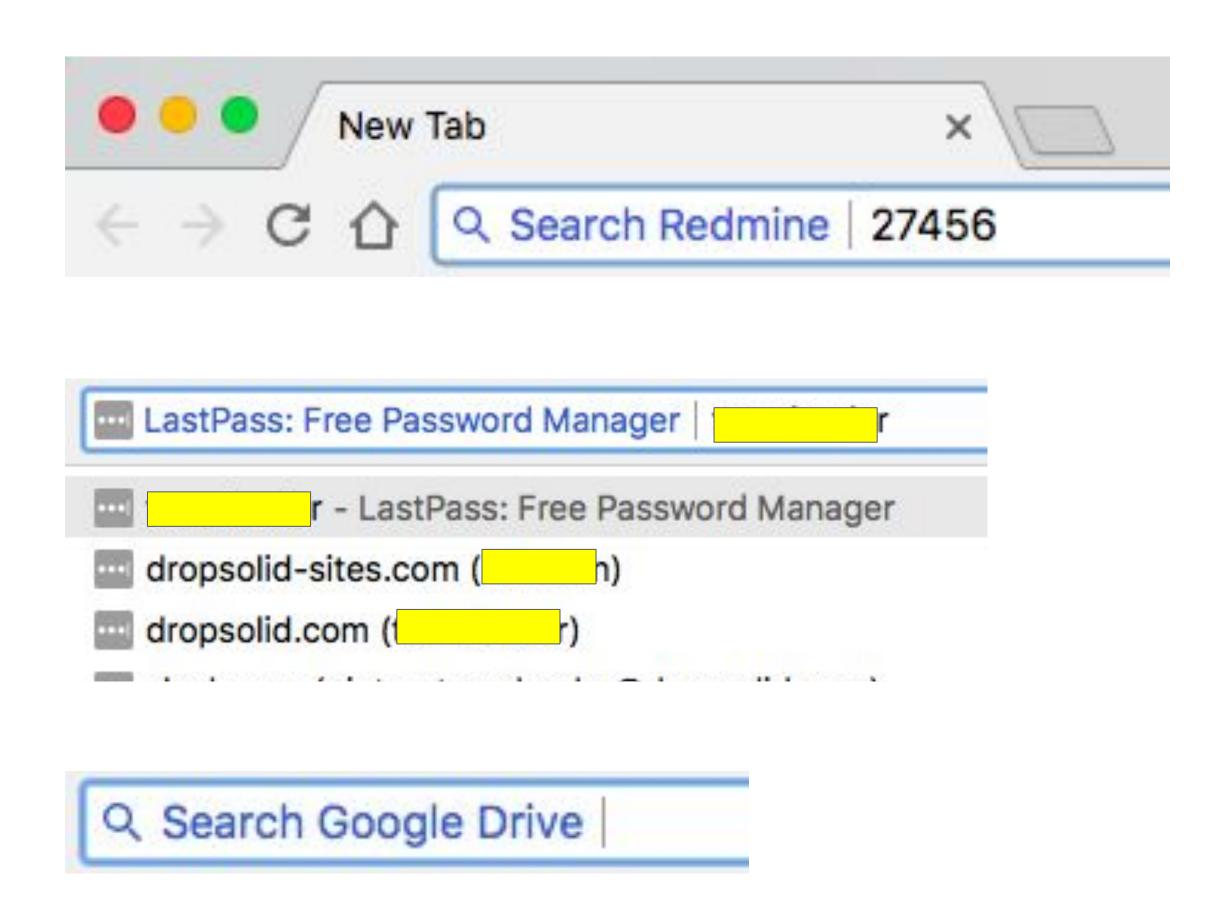


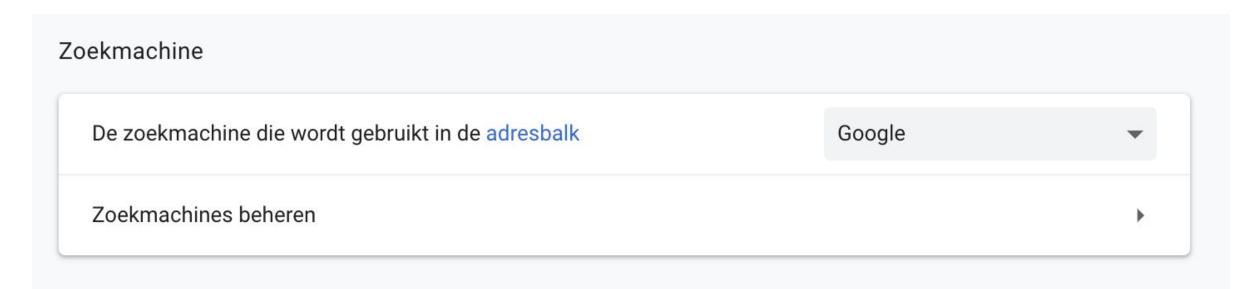
#### Tips & Tricks: REVIEW

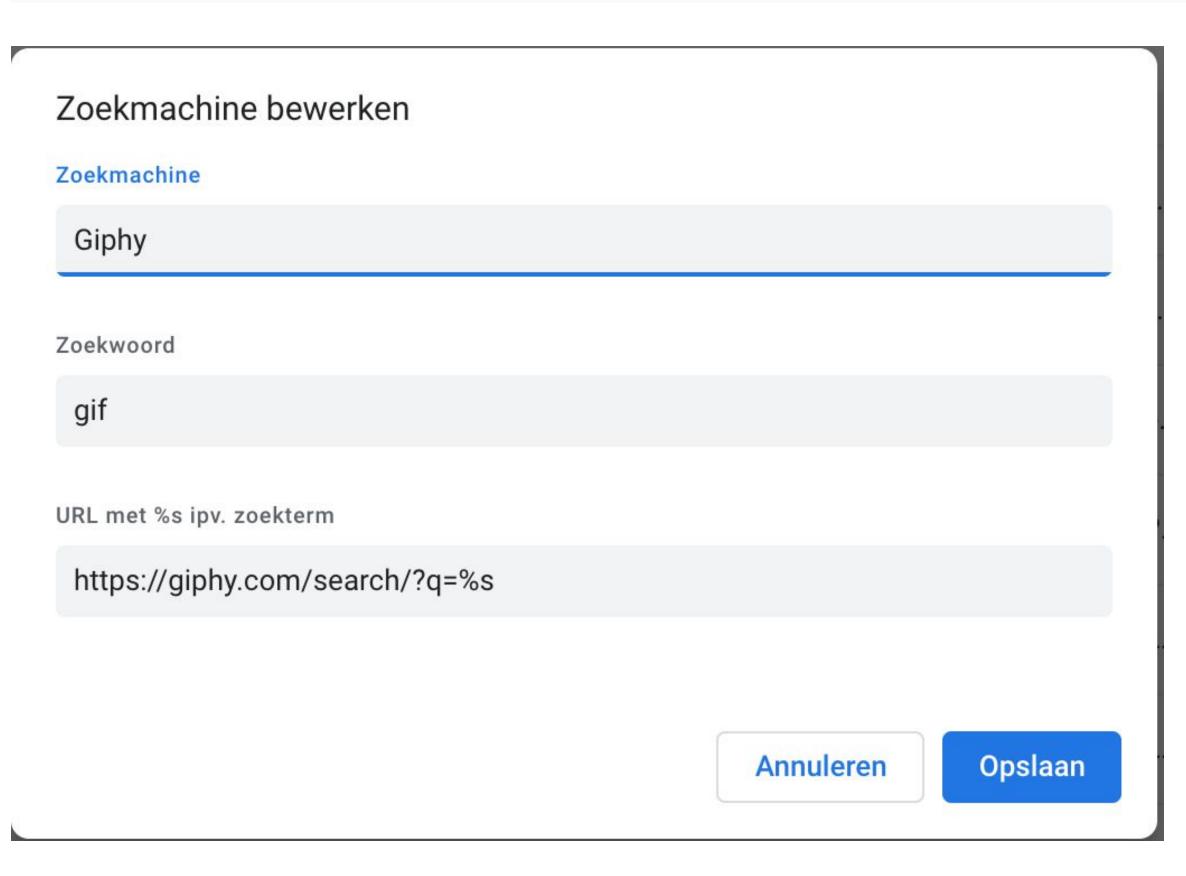
- Clean files/folders (Put files in the correct folder immediately, will save you time in the end)
- Clean bookmarks (use folders)
- Clean desktop (don't store files locally, keep everything in one place)
- Clean OS menu/dock (what do you really use?)
- Clean desk
- = clean mind

#### Tips & Tricks: SHORTCUTS

Use custom search engines







#### Tips & Tricks: SHORTCUTS

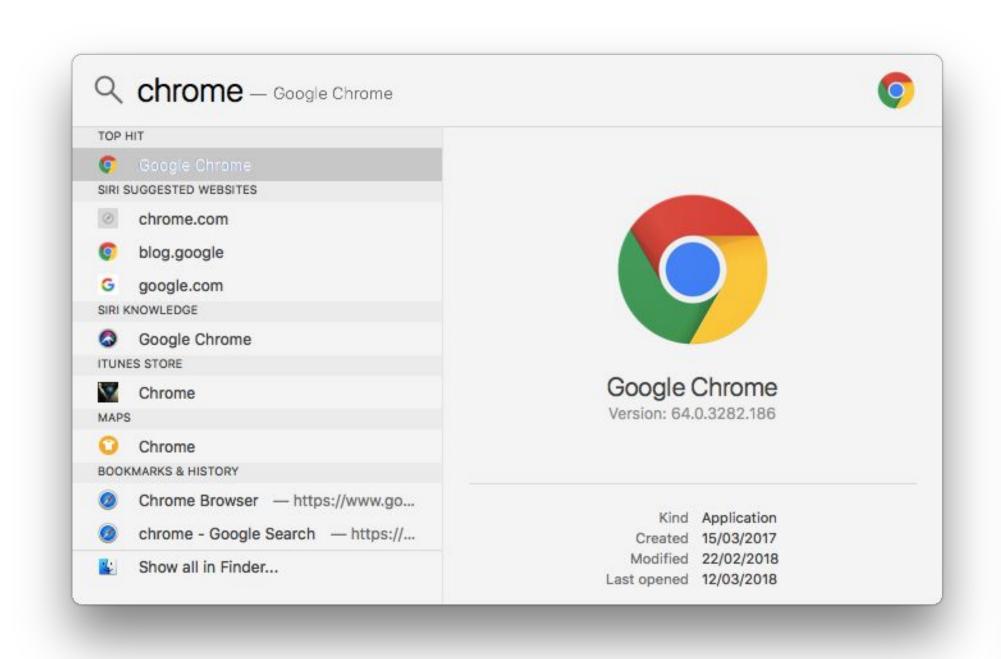
.NEW feature by Google Docs. Type this into any browser...

- http://doc.new (New Doc)
- http://sheet.new (New Sheet)
- http://slide.new (New Slide)
- http://form.new (New Form)

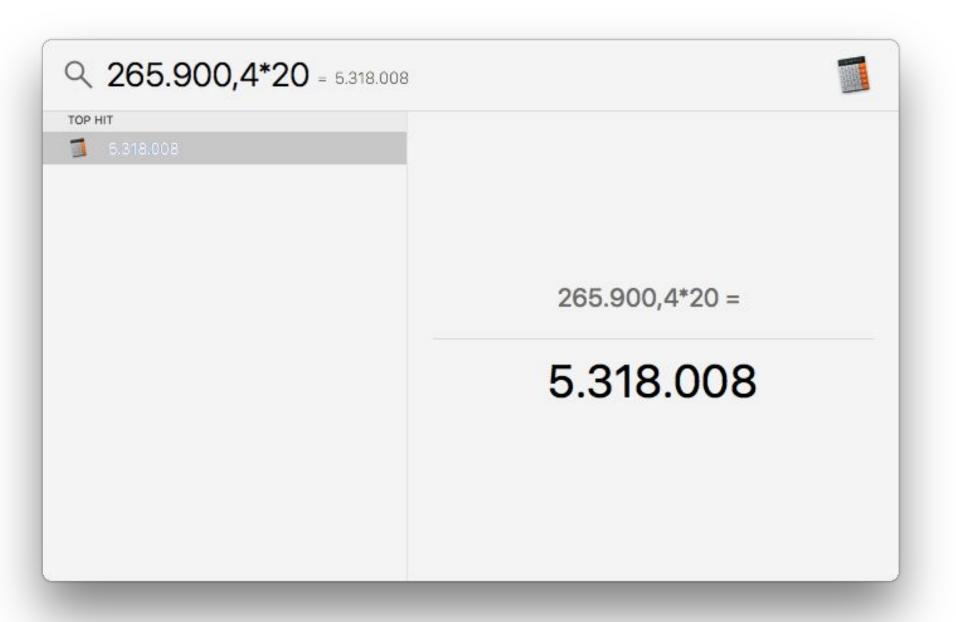
#### Tips & Tricks: SHORTCUTS

#### Quickly open apps

- CMD + space (Mac) / windows button (PC) = Search.
- Use to open apps, calculate, ...



- Other tools to quickly open apps/commands:
- https://qsapp.com (mac)
- https://www.alfredapp.com (mac)



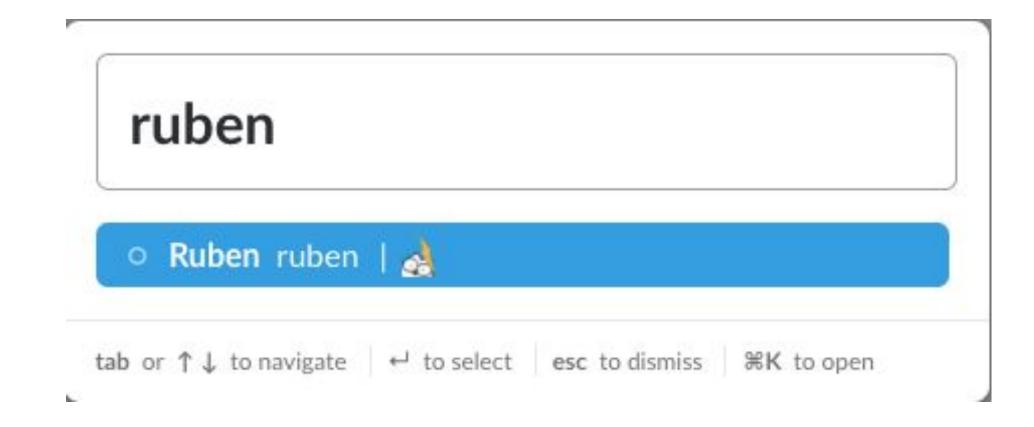
#### Tips & Tricks: SHO

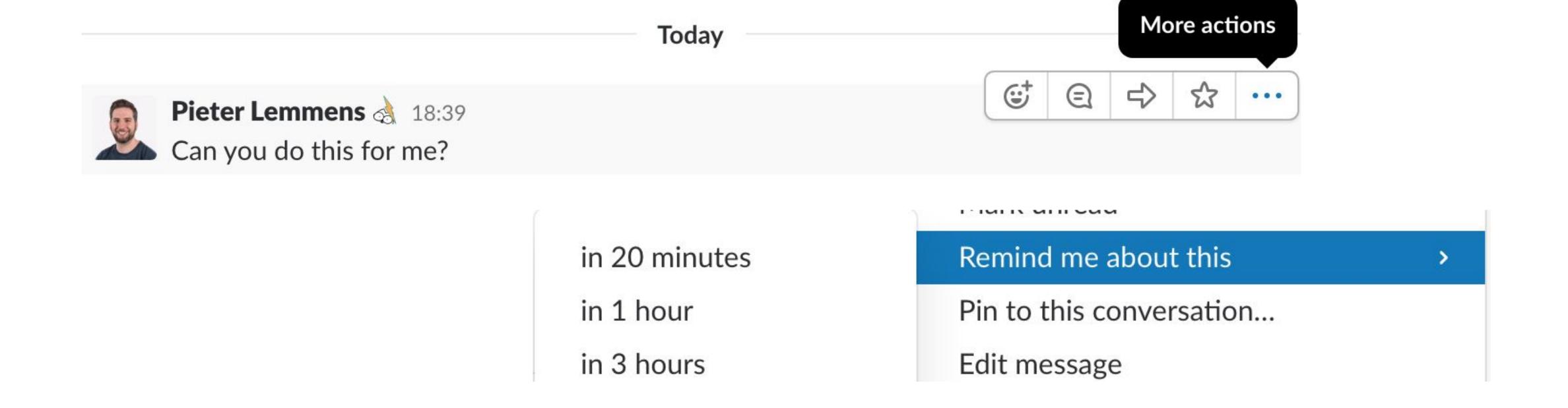
#### Make screenshot on mac:

- SHIFT + CMD + 3 = Make screenshot of full screen
- SHIFT + CMD + 4 = Make screenshot of part of screen
- SHIFT + CMD + 4, select area + press space bar = Drag selection area
- SHIFT + CMD + 4, then press space bar = Make screenshot of 1 window
- (Mojave only) SHIFT + CMD + 5 = Show menu with above options
- > Hold CTRL to copy to clipboard instead of saving file on desktop

#### Tips & Tricks: Slack

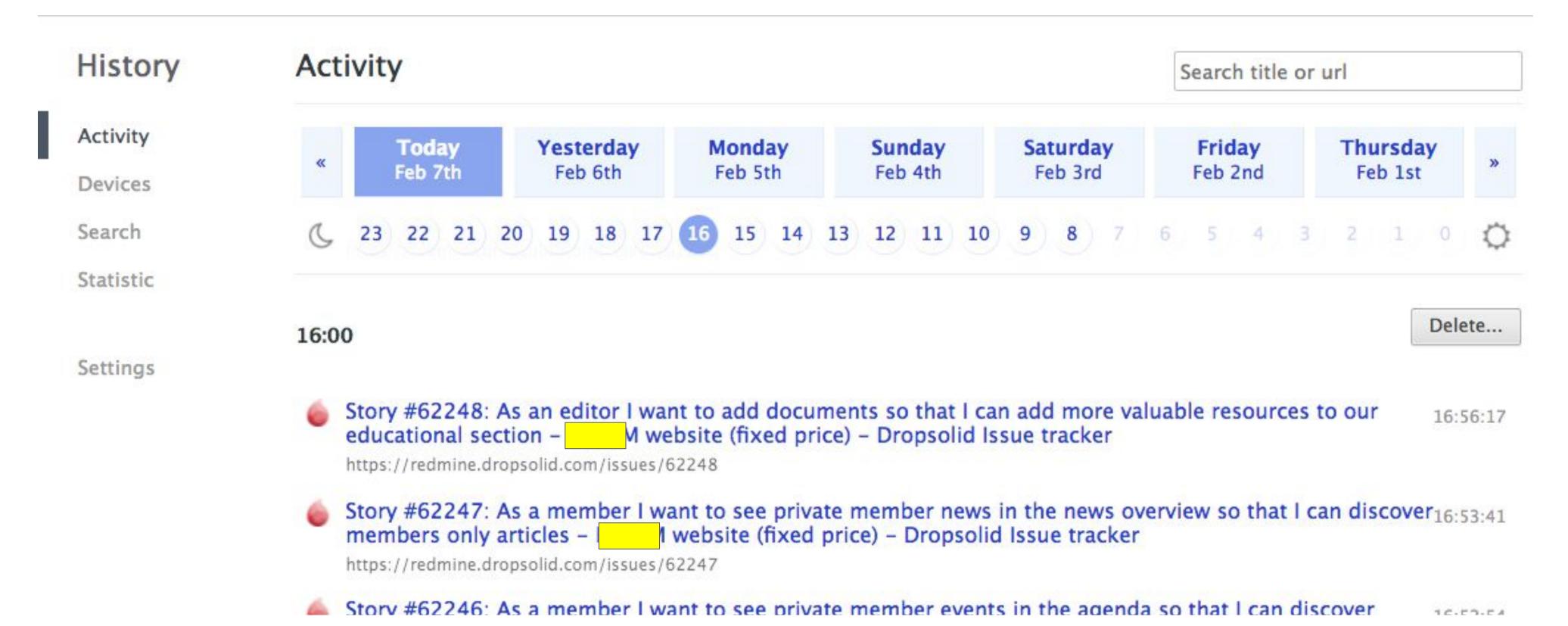
- CMD + K (PC: CTRL + K) = switch to other person
- /remind me to do this tasks in one hour
  (or 'More actions' > 'Remind me about this')





#### Tips & Tricks: Chrome

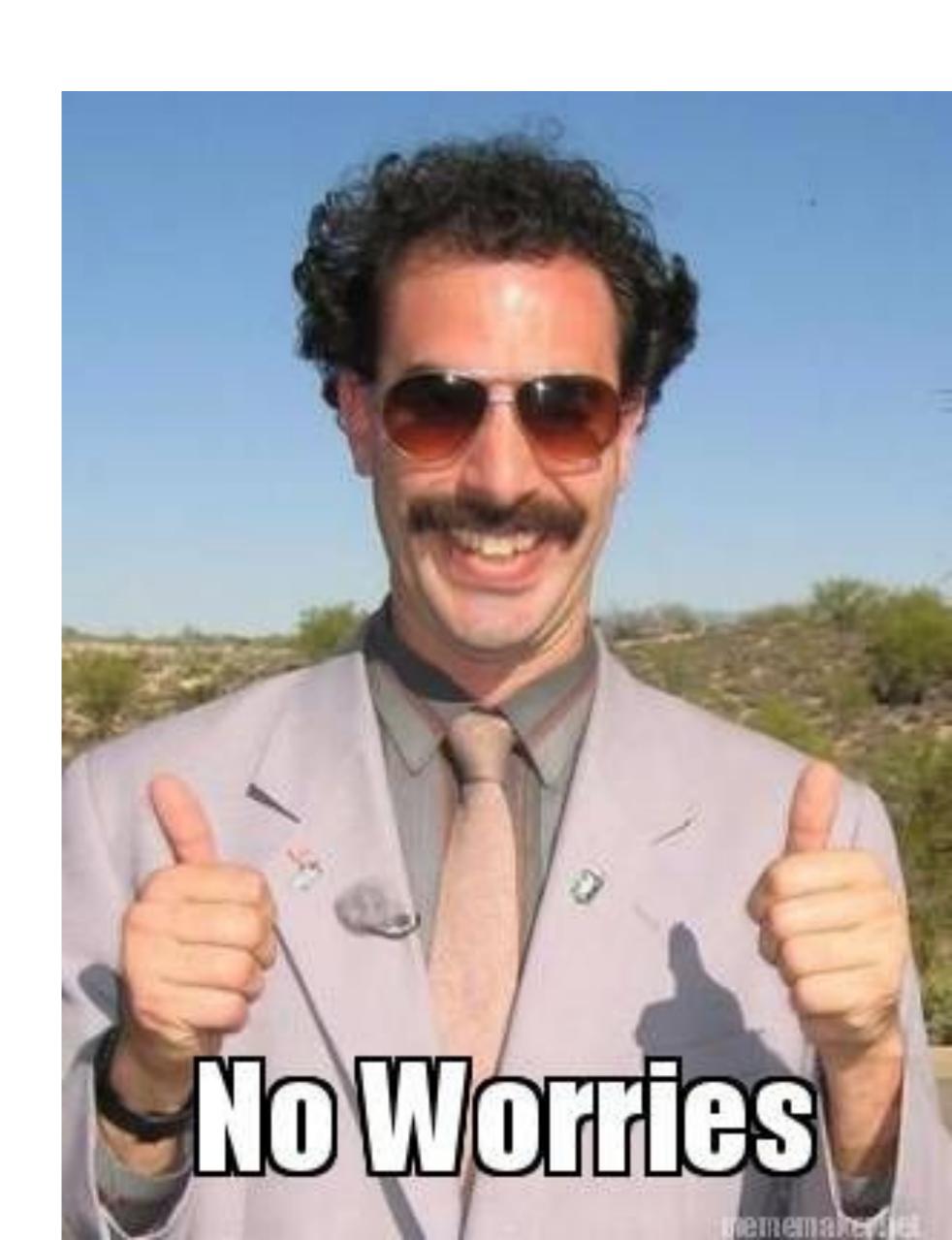
- GQueues for Gmail / GQueues for Google Calendar
- Linkclump: Lets you open multiple links at the same time.
- Full Page Screen Capture Chrome plugin
- Better History: A better look at your browsing history.



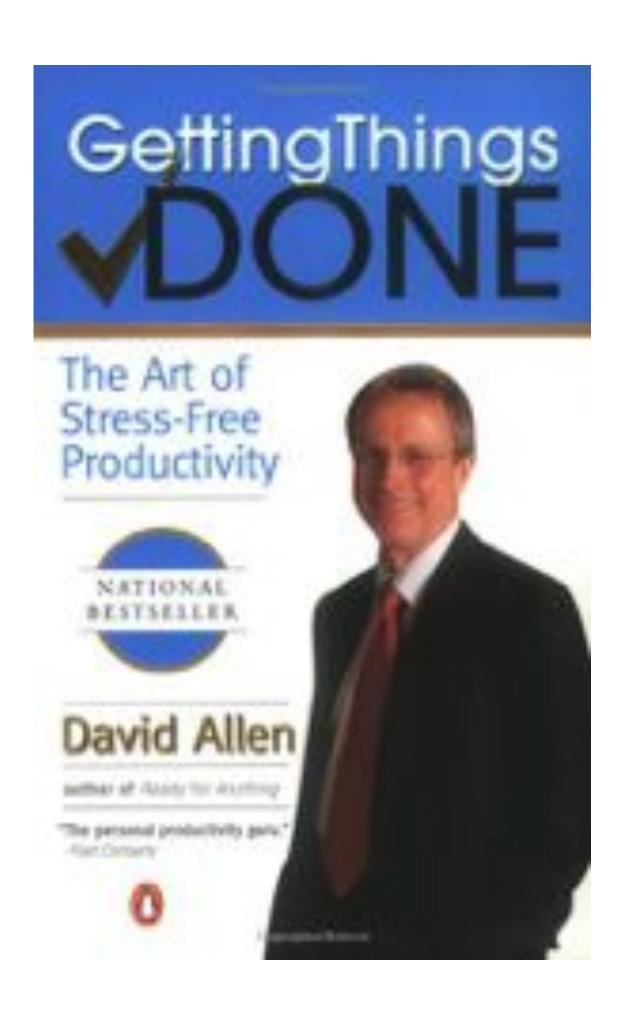
#### In closing

Optimize personal organisation

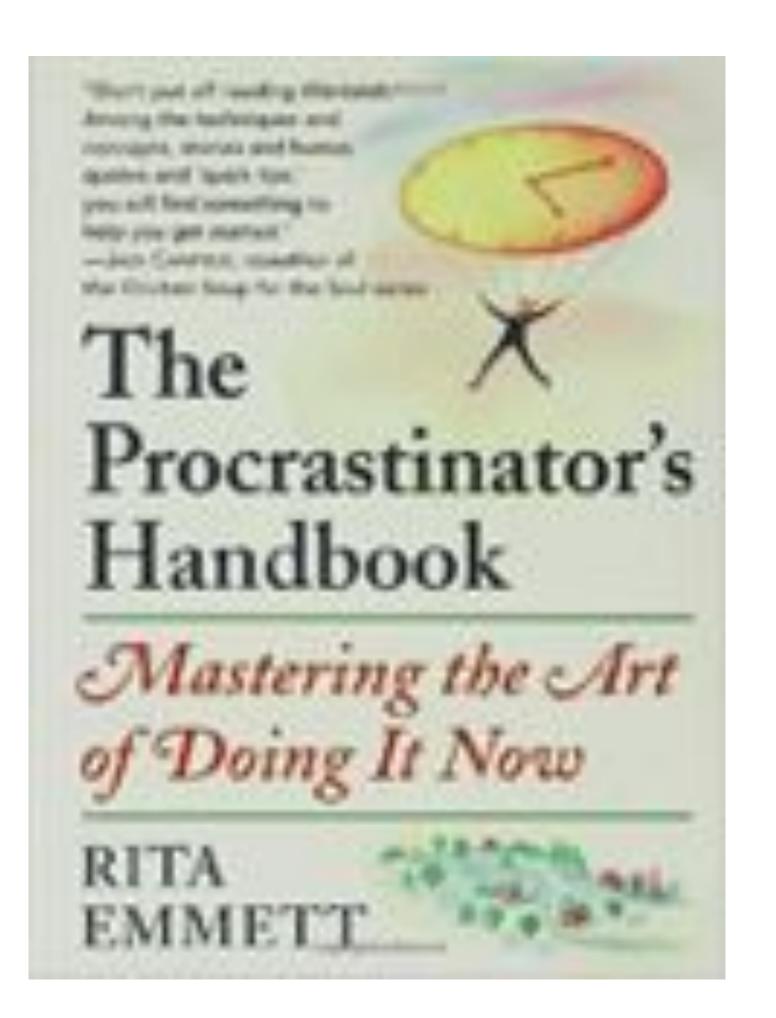
Clear mind, no worries and more time for fun stuff



#### Books that might help you



https://www.bol.com/nl/f/getting-things-done/39492293/?country=BE



https://www.amazon.com/Procrastina tors-Handbook-Mastering-Art-Doing/ dp/0802775985

#### The end

## Questions?

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